

WELLBEING FROM NATURE

INTERNATIONAL SHARING OF IDEAS



A year of co-operation between Local Action Groups in three countries has given us an opportunity to create this webinar to share information and resources.

We will share the unique perspective from each country on how groups, businesses and individuals can benefit from developing the concept of Wellbeing From Nature.



Technology for Nature Induced Wellbeing

Merja Hoffren-Mikkola, Principal Lecturer, SeAMK, Finland

Nature as a Therapist - a perspective from practice

Christina Greene, Solas Donegal, Ireland



Identifying opportunities to attract tourism

Joe Muscat, CEO, Gozo Tourism Association, Malta

Thursday 4th Nov, 11am- 1pm

To register for this event, follow the link below:

<https://www.eventbrite.ie/e/wellbeing-from-nature-webinar-tickets-196475041137>